



Major Goals of the Preschool 3s Class

GOALS:

- Help children **socialize** through interacting with one another during play
- Help children **use their words** to express how they are feeling and what they need
- Begin to **follow** two and three step **directions** from teachers
- Begin to **recognize** and/or some **letters**
- Use **kind** and **polite words** and actions with one another and their teachers
- Develop **fine motor skills through crafts and sensory** (the ability to make precise movements with the small muscles in the hands and fingers) that are important for eventually **writing**
- Feel **comfortable** and **happy** in the school setting

HOW YOU CAN HELP AT HOME:

- Read** to your child every day!
- Prompt your child to “**use your words**” when they want or need something. If their first response is to use their body (i.e. hit or push), redirect and have them explain their feelings/wants with words.
- Help your child understand different **vocabulary for their feelings** (i.e. *frustrated, worried, nervous*). You can even use a visual chart with emojis to help them understand the different emotions. There are also great books for this.
- Continue to have your child **write, draw, use scissors, play with play doh**, etc. Not only does this help with creativity, but it is also **strengthening** very important hand and finger **muscles!**
- Get excited and be patient with them when they start to be interested in **letters** and/or **spelling their names**. Don't correct them every time they spell something incorrectly. They usually will learn the letters in their names first.
- Continue to keep their daily school **routine** and let them start becoming **independent** with dressing themselves, putting away their school supplies at drop off, and doing their morning classroom routine on their own.